

# Activity worksheet:

## Identifying clients of concern

- Are there current clients you are concerned about (e.g. a notable deterioration in health), or an **no** to the surprise question (*‘Would I be surprised if they were to die in the next 6 to 12 months’*)?
- Use this activity sheet to help you **gather your thoughts** when you have identified clients of concern, using a separate one for each client. Once completed, consider any **actions** you can take.
- Actions can take the form of people you need to talk to, (including the client), practical tasks, (e.g. proposing a multi-agency meeting), fact-finding (e.g. gathering more medical information).
- Consider whether each action is 1-to-1, a team action, or one jointly shared with members of the multi-agency team.
- This sheet can be completed at different times to reflect changing needs, (e.g. a further deterioration in their health), and to help explore concerns with clients and other professionals.
- How might the SPICT4-All tool, liver map, and shared care section of the main toolkit help you? Who else can help you to explore clients’ concerns with them?

<p><b>What are your concerns?</b>  <i>e.g. presenting physical signs and symptoms, notable changes in physical/ mental health, more admissions to hospital, place of care issues at the project.</i>                      Remember, many concerns may not have a known medical diagnosis/prognosis, and this is ok. You are simply recording your concerns, many of which may be a gut feeling.</p>	<p><b>Thoughts and actions</b></p>
<p><b>What is their current health status?</b>  <i>e.g. known medical diagnosis/prognosis, presenting physical signs and symptoms. Do you need more medical information?</i></p>	<p><b>Thoughts and actions</b></p>
<p><b>What does the client think?</b>  <i>e.g. about their poor health?, how well they are managing?, if not managing, how open are they to talking to you and others?, coping strategies, and any worries you may have about how they are managing.</i></p>	<p><b>Thoughts and actions</b></p>
<p><b>Multi-agency response</b>  <i>e.g. who already is involved? Who else needs to be involved? Have recent multi-agency meetings addressed concerns, or is there enough concern for you to set up a multi-agency meeting now?</i></p>	<p><b>Thoughts and actions</b></p>