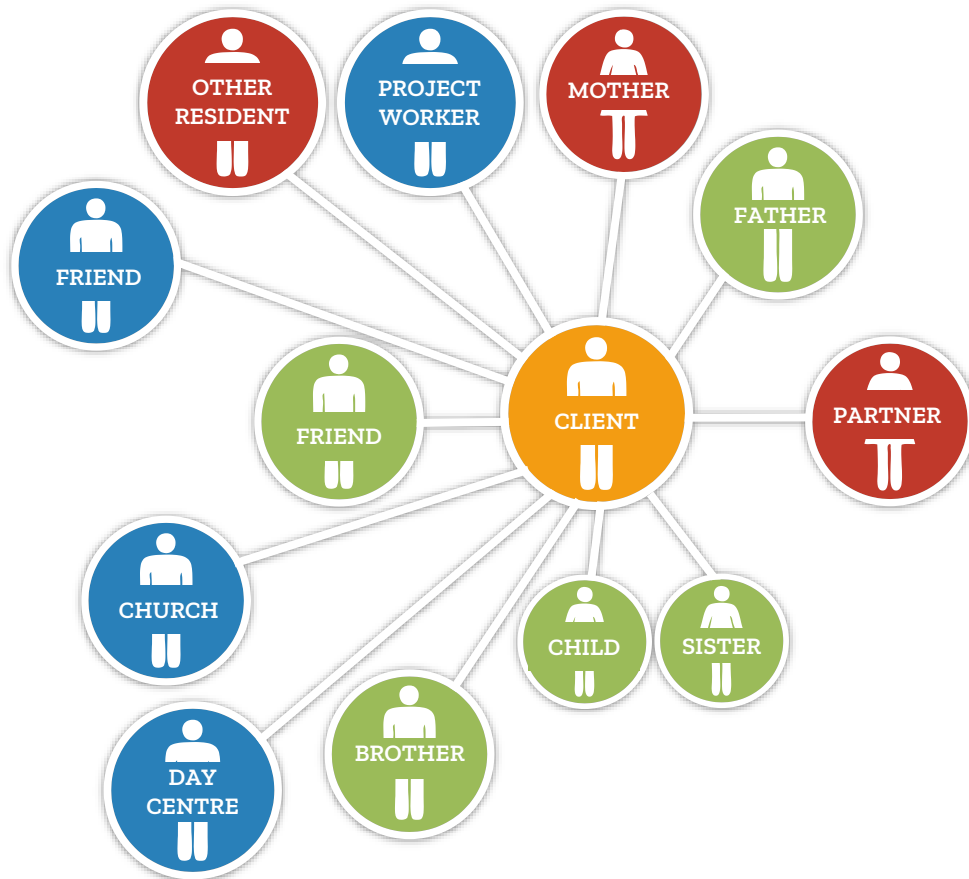


Eco-map tool

Benefits

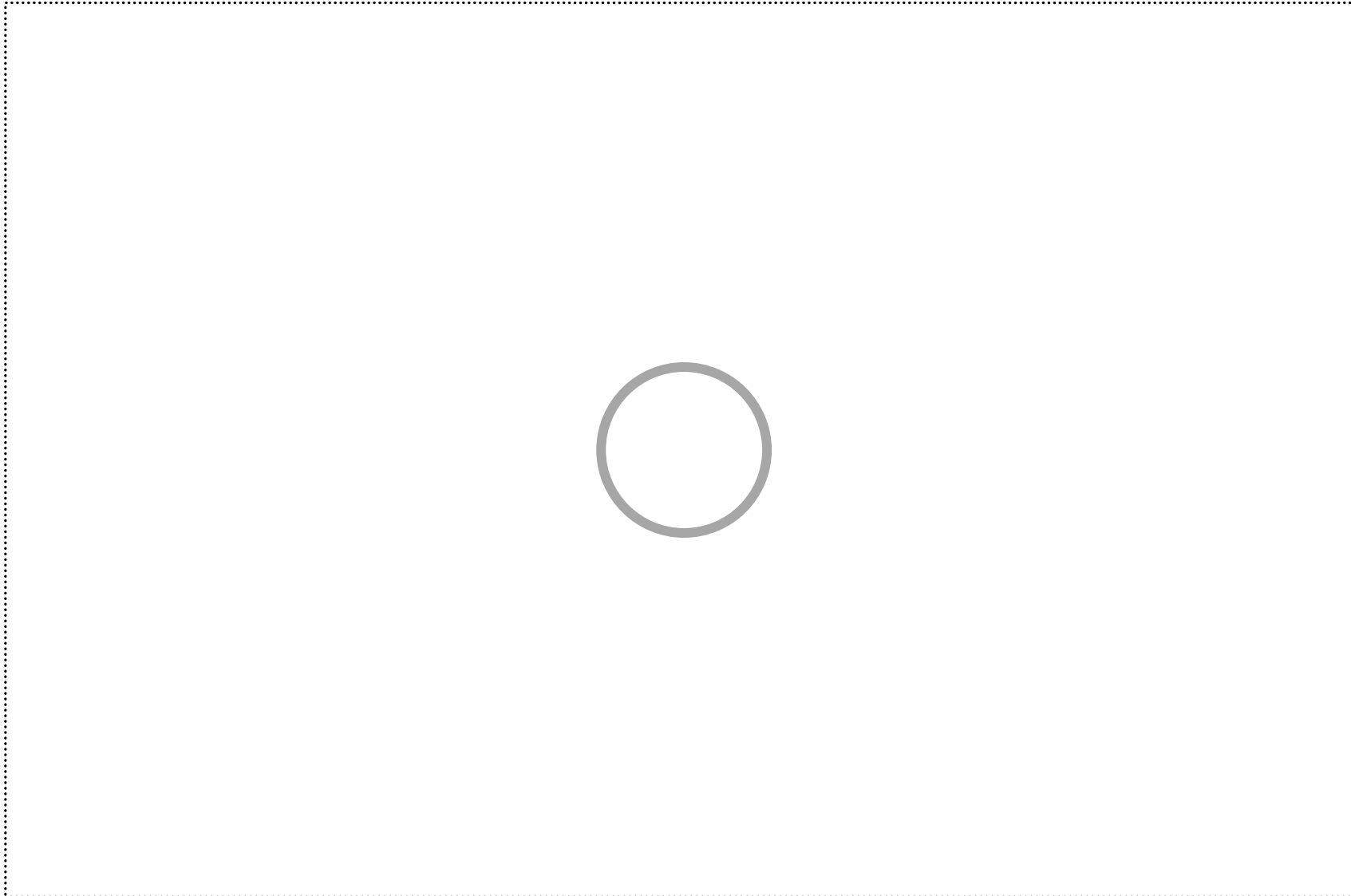
- Useful when exploring with clients the people and organisations most important to them, and the kind of support, if any, they can provide
- Can support opening up conversations about what really matters to clients i.e. people they may wish to reconnect with (or not)
- Helps us to consider the needs of those people and organisations important to the client, including after the client dies
- Enables us to revisit the significance of the people and organisations in a client's life as needs change (i.e. notable changes in health, approaching end of life)



- A **strong** connection suggests a good level of emotional and practical support
- A **weak** connection suggests little or no emotional and practical support
- A **stressful** connection implies someone significant to the client who may bring additional stress or distress to them. Though a stressful connection, they remain important to the client, which needs to be acknowledged when planning physical and emotional supports

Ecomap tool

Mapping significant relationships



1. Using this or other size paper, place the client's name in the circle.
2. Draw as many circles as needed to identify and map out who or what organisations are important to them –
3. Using the colour key below, colour the circles according to the type of connection identified by the client.
4. Explore any thoughts or feeling that arise, and any actions they may wish to pursue.

- Strong connection
- Weak connection
- Stressful connection