

Questions to consider

PHYSICAL

- What do you understand about your current health situation?
- Have you any thoughts about where things are going with your illness?
- What are your main concerns at the moment?
- What would you like to see happen next?

SUBSTANCE USE

- Have you any thoughts about reducing your drinking/substance use?
- Say you struggled to stop drinking, what do you think might happen in the next 3/6/9 months?
- What might the benefits to detox/rehab be right now?
- Can we make a plan to meet again in a few days/weeks/months, and see where you're at with everything then?

RELATIONSHIPS

- Who are the people you trust the most?
- Who would you like to be there if you got ill (again)?
- Who would you NOT want to be there if you got ill?
- Would you like to get in touch with family?

TREATMENT AND CARE

- Do you feel you need any extra support with your care (nursing or personal care)?
- Are you having any difficulties getting around?
- If you became very ill, where would you want to be cared for? At the project, in hospital or hospice?
- Would you like to talk to your GP/doctor about what treatments you want/do not want?

EMOTIONAL

- How are you feeling about your recent diagnosis/hospital admission/poor health?
- I've noticed you seem a bit withdrawn lately, can I help with anything?
- Would you like to tell me about your concerns/worries?
- What do you feel would help right now?

HOPES FOR FUTURE

- What is most important to you at the moment?
- Are there things you have always wanted to do?
- Would you like support to reconnect with family?

SOCIAL / PRACTICAL ISSUES

- Have you been having trouble attending appointments, could we help with this?
- Have you thought about making a will or letter of wishes?
- What do you want to see happen with your possessions/pets after you die?
- Have you ever thought about how you'd like to be remembered?