

Activity worksheet:

Exploring the benefits of palliative care input

- Use this activity sheet to help you when **exploring** with key health and social care professionals – the benefits of earlier palliative care input for clients whose health you are concerned about
- Complete a separate activity sheet for each client. The examples below act as a **prompt**, but consider others that may support palliative care input at this stage, and write them down.
- Consider what **actions** you can take that support the need for palliative care input, now, or perhaps a little further down the road. Who else can help you with this?
- Actions can take the form of people you need to talk to, (including the client), practical tasks, (e.g. proposing a case review meeting), fact-finding (e.g. gathering more medical information).
- This activity supports the planning care at home checklist. The information in the palliative and end of life care section, and the shared care section of the main toolkit can also help.

Why consider palliative care input? *e.g. a known prognosis but no referral to palliative care to date, uncertainty around prognosis but significant concerns about their health, complex needs all those providing support are struggling to meet (e.g. difficult physical symptoms, excessive drinking, place of care issues.).*

Thoughts and actions

What are the likely benefits at this stage of palliative care input for the client? *e.g. managing symptoms (i.e. pain), psychological support, future care planning, opportunities to express their wishes and preferences, (e.g. being care for at their preferred place of care.), additional benefits (e.g. DS1500, continuing healthcare (CHC), additional social services and/or nursing support.*

Thoughts and actions

What are the likely benefits at this stage — to you and the project — of the client receiving palliative care? *e.g. support around difficult conversations; managing uncertainty around certain illnesses such as liver disease, practical supports (i.e. providing care at the project), psychological support around clients end of life care, and specialist supports to manage complex needs and other challenges.*

Thoughts and actions

Who can you explore this further with *e.g. GP; hospital consultant; work colleagues; specialist palliative care team. See Who can support you tool in the end of life care section of the main toolkit. What else can help? (e.g. case review, clinical review, hospital discharge meeting.)*

Thoughts and actions