

Activity worksheet:

Bereavement support

- Use this activity sheet (perhaps as a team) when **thinking** about how best to respond to the impact a death will have on everyone within your project or service
- Consider what more can be done to ensure everyone is well supported, and who out there can support you, e.g. your local palliative care or bereavement service
- Think about the practical and emotional things needed, and what **actions** to take, i.e. reviewing policies and procedures, meeting with local bereavement service
- How might the bereavement section of the toolkit support your project or service to have the most informed approach to supporting clients and staff?

<p>What practical things can you consider? <i>How do current policies and procedures meet the needs of everyone, (e.g. could more be done in the initial hours and days following a death, notifying clients, family and external agencies, or in keeping clients informed (e.g. coroner/room clearing)</i></p>	<p>Thoughts and actions</p>
<p>Can more be done to meet emotional impact? <i>e.g. Additional measures to meet a range of grief reactions among clients and staff; impact of a sudden/traumatic death, identifying potential risk factors (e.g. clients with multiples needs/losses), responding to difficult behaviours (e.g. increased substance use, angry outbursts). Who or what can help you put things in place? e.g. local bereavement service, GP, 1-1 and group support.</i></p>	<p>Thoughts and actions</p>
<p>Are additional bereavement supports needed? <i>Are current levels of support for both clients and staff sufficient? If not, what more can be done (e.g. sharing ideas/concerns with your local bereavement service, displaying information on grief and loss). How well supported are those who struggle to engage with services? – what additional supports might be needed?</i></p>	<p>Thoughts and actions</p>
<p>Planning funerals and other celebrations. <i>Is more needed to enable you and clients plan for and participate in public funerals, or celebrations of life, (e.g. a joint meal, remembrance service for all clients who have died)? How could your local bereavement service support you? Information around public funerals and celebrations in the bereavement section of the toolkit may also help.</i></p>	<p>Thoughts and actions</p>